

# LONGTREE & ASSOCIATES, LLC

COURSE:

## **How Subjective is Your Communication?**

*Clinical Communication and Relationships at the End of Life*

**4/11/24**

**Time: 6-7 pm**

**Location: Newark, NJ**

Continuing education hours offered 1.0 Communication and End of Life  
SW, RN

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### **Course Description:**

Effective communication positively affects many aspects of the system and its stakeholders. It allows patients to feel respected and safe to openly communicate their beliefs, fears, and questions in order to receive effective treatment especially at the end of life. This course will examine how advance care planning is the first line of communication between all stakeholders and barriers to effective communication in healthcare settings, how to maximize limited time to build trust and relationships with all stakeholders, and how to use effective communication techniques so that optimum care is provided at the end of life. Attendees will assess their individual and organizational communication styles/beliefs/biases in efforts to enhance and increase their community approval ratings. Various communication techniques and the role of end of life doulas will be shared as resources to bridge limited time restraints in healthcare settings between stakeholders so that communication efforts and optimum care are maximized.

### **Learning Goals:**

After completing this course, healthcare workers will be able to:

- Identify their individual communication style
- Identify three types of communication and effective ways for using each
- Identify three effective healthcare communication techniques
- Understand the role of an end of life doula
- Use the The BATHE Communication Method, a way of incorporating counseling and psychotherapy into the everyday management of patients

**Presenter:** Adrian Allotey, MA, End of Life Doula

Adrian Allotey became a Certified End of Life Doula after spending 20+ years in the field of public education in the roles of teacher, grant writer, project manager, and district supervisor. She has taught many formal and informal trainings for reputable local and national organizations to promote both innovative educational and aging and end of life healthcare concepts. She is currently the owner of You Are Not Alone Elder Care LLC, which she started in 2018. She holds the following licenses and certificates:

- Doulagivers End of Life Doula Practitioners Training
- Reiki Level 2
- Ascend End of Life Doula Training with Deanna Cochran, RN
- New Jersey Principal Certificate of Eligibility
- New Jersey Supervisor Standard Certificate
- N-8 Elementary Education Standard Certificate

This course, How Subjective is Your Communication? Clinical Communication and Relationships at the End of Life Approval #09232022-355, provided by Longtree & Associates, LLC is approved for continuing education by the New Jersey Social Work Continuing Education Approval Collaborative, which is administered by NASW-NJ. CE. Approval Collaborative Approval Period: Friday, September 23, 2022 through August 31, 2024. New Jersey social workers will receive 1 Non Clinical CE credits for participating in this course."

Longtree & Associates is approved by the State of California Board of Registered Nursing, Provider Number (CEP) 15796, for 1.0 contact hours. Valid until June 30, 2025.

### **Course Fees/ Refunds and Deadlines for Cancellations:**

There is no fee for this course. Cancellations may be made up the day before. Refunds will be provided within 5 days of documented cancellation emails or phone calls.

### **ADA Request:**

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### **Grievances:**

Contact Longtree & Associates at [Lauriel@LongtreeEducation.com](mailto:Lauriel@LongtreeEducation.com) or calling 848-218-1320. All grievances will be reviewed within 72 hours of a written statement of complaint. Final review and resolution will be provided within five working days after the 72 hours.